



Silk Road Catering
Unit 12, K.C.R. Industrial Estate,
Kimmage,
Dublin 12.
Ireland
Phone: 014070770
Email: info@silkroadkitchen.ie

TAKE AWAY MENU

Collection: you can collect your ordered food from the Silk Road Café

Delivery: We charge a delivery fee

All main courses come with rice or couscous. Please specify what option you would like.

Please let us know if you would like your dishes in bowls – if so we require that you bring the items back by agreement.

(C) Celiac friendly food

FISH DISHES

Salmon with herb cream cheese topping (C)

Baked salmon with cream cheese mixed with fresh mint, parsley, lemon, olive oil and a hint of lime

Red snapper (C)

Red snapper marinated in lemon juice, stuffed with pepper, parsley, garlic, olive oil and mint and then baked in the oven

LAMB DISHES

Moussaká - Greek Mousakka (C)

Layers of aubergine, potato, courgette, a minced lamb sauce and tomato sauce topped with a rich white sauce

The Silk Road Cafes Lamb curry (C)

Lamb in a mild and aromatic red curry sauce with chickpeas

Lamb koftas (C)

lamb meatballs with garlic and herbs in a tomato sauce

Lamb Tajien (C)

Marinated lamb baked slowly in a dish in the oven with fresh figs, almonds and garlic

Aubergines with Lamb (C)

Aubergine stuffed with a mince lamb sauce and peppers

CHICKEN DISHES

The Silk Road Cafes Chicken curry (C)

Chicken breast in a mild and aromatic red curry sauce

Turkish chicken (C)

Chicken filet marinated in olive oil, lemon & yoghurt and baked in the oven



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Lebanese chicken (C)

Chicken roasted in the oven with fresh herbs and served in a tomato sauce

Palestinian chicken (C)

Chicken breast fried with cloves and nutmeg, served with red onions and sumak (Middle Eastern lemon spice)

Chicken Tajien (C)

Marinated chicken slowly baked in a dish in the oven with fresh dates, oranges and garlic

VEGETARIAN DISHES

Vegetarian Moussaka (C)

Layers of aubergine, potato, courgette and mung beans in a tomato sauce topped with a rich white sauce

Vegetarian Lebanese pancakes

Crispy pancakes with courgette, onions, peppers and fresh herbs

Baked stuffed peppers and aubergines (C)

Pepper and aubergine stuffed with couscous, mung beans and vegetables baked in the oven. Served with a tomato sauce

Spanakópita - Spinach & feta cheese pie

Spinach and feta cheese wrapped in filo pastry covered with sesame seeds and baked in the oven

Kolokithópita – Courgette & feta cheese pie

Courgette, feta cheese and fresh herbs wrapped in filo pastry and baked in the oven

SALADS

Leaves salad (C)

Mixed red and green leaves

Carrot salad (C)

With fresh coriander and almonds

Greek salad (C)

Tomatoes, cucumber, peppers, olives and feta cheese

Tabbouleh

Couscous with finely chopped tomato, cucumber, lemon, spring onion, red onion and fresh mint & parsley

Beetroot salad (C)

Freshly cooked beetroot with spring onions, red onions and a yoghurt dressing



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Mung bean salad (C)

Green mung beans with roasted red pepper, spring onions in a soya and lemon dressing

Rocket salad (C)

Rocket with cherry tomatoes, spring onion and a lemon vinegrette

Pasta salad

With roasted sweet peppers and olives

Potato salad (C)

Potatoes with garlic, olive oil, black olives, spring onions, tomatoes and a Greek yoghurt dressing

Baba Ghanoush (C)

Roasted aubergine puree with garlic, lemon and tahini

Hummus (C)

Chickpea puree with garlic, lemon and tahini

Fatouch

Lebanese salad with lemon, green leaves, spring onions, tomatoes and home made croutons

Tzatziki (C)

Finely shredded cucumber in a Greek yoghurt dressing with fresh mint and garlic

Chick pea salad

With sweet roasted peppers, tomatoes and Soya sauce

Roasted seeds

Pumpkin-, sunflower- and sesame seeds roasted in the oven with olive oil and soya sauce

DESSERT

Baklava

Filo pastry stuffed with almonds, pistachios and honey

Mixed berry crumble

Homemade mixed berry crumble

Date cake

Sweet Middle Eastern date cake made with fresh dates

Konafa

Middle Eastern cake with cream cheese, shredded wheat and soaked in a home made rose syrup



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Fig cake (C)

Fig cake topped with fresh figs and cream cheese

Orange cake (C)

Gluten free orange cake

Apricot cake (C)

Gluten free Apricot cake