



Silk Road Cafe  
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**RECIPIE from Website**

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## Hummus



### INGREDIENTS

To serve 4

240g cooked chickpeas (or 1 can)

3 tablespoons of tahini

Juice of 1 lemon

1 tablespoons olive oil

2 cloves garlic

Pinch of salt

½ teaspoon ground cumin

Add all the ingredients to a food processor and blend until it has a slight runny consistency.

*Silk Road Café note:*

If you would like your hummus thinner, add a bit of water

If you would like your hummus spicy you can add a bit of ground chilli.